The NINDS R25 for residents and fellows in Neurology, Neurosurgery, Neuropathology, Neuroradiology and Emergency Medicine

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## Designed to accomplish the following

To keep and/or get clinicians involved in research during residency, and continue into fellowship, to reduce the energy barrier for (re)-entry into research and facilitate getting to a K award

Should also reduce the time from end of residency to K award

#### Goal of this R25

- 1. Provide funding for research during residency and fellowship years.
- 2. The R25 mandate on the grant PIs and departments is to educate/train the R25 participants adequately to enable them to successfully compete for K awards by shortly after the end of the R25 period.

## Who can get a parent R25?

- One R25 per residency program
- Must be housed in Neurology,
   Neurosurgery or Pathology (for neuro only)
- Multiple Residencies in an institution can apply together or separately

## Who can be supported?

- 1. Residents who will spend 6 12 months doing research at 80% effort
- 2. All those who spend a minimum of 6 months during residency will be funded for up to an additional 18 months during residency or fellowship
- 3. Maximum of 2 years of support

## Logistics of Award

- 1. Parent R25, obtained through the peer review system, is "a license" to request funding for specific residents
- 2. Funding for specific residents is obtained by administrative supplement requests
- 3. 3 page supplement application written by resident, letter of support from mentor

## Logistics of Award cont.

- 4. Supplement applications are reviewed administratively
- 5. Review is rigorous, multiple reviewers evaluate independently, only the best applications funded
- 6. Reviewers looking at candidate, project, mentor, training plan, evidence for likely success

## Logistics of Award cont.

- 7. Funds provided for salary, fringe, travel to meeting
- 8. Attendance at NINDS-sponsored workshop required
- 9. Those supported can transfer from one R25 program to another

#### Some Data

25 programs currently funded

3 RFAs initiated funding of 3 batches of programs over a 4 year period

A PAR is now available for renewals and new applications

## In 6 years (July 2009-2014)

Total residents supported:	134
Neurologists	72
Neurosurgeons:	46
Pediatric Neurol.:	11
Neuropathologists:	5
Supported two years:	59
Neurologists:	49
Neurosurgeons:	7
Neuropathologists:	3

# moved from one R25 to another: 3

## Supplement application success rate

1<sup>st</sup> year

Neurologist: 66%

Neurosurgeon: 57%

2<sup>nd</sup> year of support: 100% minus 1 individual

#### Too soon to evaluate outcome

- 21 Neurology residents/fellows have "finished" the R25 period
- 10 have applied for K awards so far 5 have gotten K awards so far
- It's too soon to evaluate this R25 program based on success in obtaining K award funding (the primary metric we care about)

We expect to be able to evaluate this after the first two grant cycles (9 years)

#### Anecdotal information

Many PIs (who are mostly Chairs) have expressed great satisfaction with the program

Several PIs have indicated that a by-product of the R25 is to increase "friendly" competition among residents – has increased the quality of their performance, even outside of research

The quality of the supplement applications has increased dramatically over time

# An added tool to promote research success of clinician-scientists

Funding for serious research during residency and fellowship

Active oversight of mentoring and facilitation of research success at a departmental level

A requirement that residents (and their mentors) formulate a clear long-term research plan in advance of starting research

Ultimate goal is to have more successful clinician-researchers

Constantly soliciting PI input regarding what will make this program more successful